

Orthodox Christian Parenting

“Train up a child in the way he should go, and when he is old he will not depart from it”
Proverbs 22:6

Parenting involves teaching our children how to grow and develop physically, mentally, emotionally and spiritually. We grow in our Faith as Orthodox Christians as we wed and bear children. We learn through teaching our children from our life experience. Dr. Katina Kay Kostoulas, a Greek Orthodox Christian and Clinical Psychologist in private practice will share her insights regarding specific topics of concern to parents such as: the new role of parents, child discipline, school issues, sibling rivalry and adolescence followed by a group discussion. The goal of this seminar is to present child development issues to parents from an Orthodox Christian perspective by examining the writings of such Church Fathers as: St. Theophan the Recluse and Elder Porphyrios on parenting in light of contemporary child developmental and psychoanalytic writings on the same subject.



On Saturday December 19th 2009 following the Divine Liturgy and lunch Dr. Kostoulas will address the topic:

“The adolescence and the push towards identity versus an identity crisis” Dr. Kostoulas received her Ph.D. in Developmental and Educational Psychology from the University of Chicago. She did her post doctoral training in Clinical Child Psychology at the Reiss-Davis Child Study Center in Los Angeles. She is a certified Psychoanalyst and teaches at the Newport Psychoanalytic Institute. She has run parenting groups and taught parenting at Various Greek Orthodox Churches in Southern California for the past 15 years. She has also taught parenting and run groups to incarcerated mothers in the Los Angeles County jail system through OICOS-Orthodox in Community Outreach Services, an organization she co-founded. Currently Dr. Kostoulas is in private practice in Torrance, California.